



Our resolution is that you have a happy and healthy New Year.

It's a brand new year—a time of new beginnings! And our Southeast Georgia Health System family wishes you and yours a happy and healthy 2009. We urge you to make healthy choices this year...from eating better, to exercising, to finding ways to reduce stress. Resolve to take care of yourself this year! And as always, we are here when you need us. Have a happy, healthy New Year.



**SOUTHEAST GEORGIA
HEALTH SYSTEM**

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